



## Guarding Joy in the Journey Philippians 4:2-13

### 8 Tips for guarding joy:

1. **Pursue** peace with one another. 2-3
2. **Purpose** to have joy in Christ. 4
3. **Present** a gracious spirit to others. 5a
4. Keep a **Perspective** of Christ's nearness. 5b
5. **P** \_\_\_\_\_ **off anxiety.** 6a
  - Matt. 6:25-34; Ps. 37:25; Ps. 46:10; 2 Cor. 10:5
6. **P** \_\_\_\_\_ **about everything.** 6b-7
  - 1 Peter 5:7; 1 Thess. 5:16-18; Phil. 4:19
7. **P** \_\_\_\_\_ **on the right things.** 8-9
  - Isaiah 26:3
8. **P** \_\_\_\_\_ **contentment.** 10-13
  - Job 42:5; 2 Cor. 4:17; 1 Thess. 5:24